

HOUSEHOLD DISTRIBUTION RATE OF USDA COMMODITIES

MONTHLY DISTRIBUTION

Commodity	Unit Size	Household Size 1-3	Household Size 4-6	Household Size 7 & Up
*Cereals	13oz/15oz/16oz/18oz	2 Max	3 Max	3 Max
Dried Beans	2#	1	1	2
Figs/Prunes/Raisins/Dates	1#	2	2	3
NFD Milk/Flour Mix /Potatoes	1#.4oz	1	1	1
Fresh Products	1unit	12	18	18
Frozen Fruits	2#	1	1	2
Frozen Meats	1# to 3#	1	2	3
Frozen Juice or Fruit Cups	4 oz	11	11	22
*Fruits	#2cn - 300cn - 303cn	2 EA. Max 4	3 Ea Max 6	3 Ea Max 6
*Juices	46 oz	1Ea. Max 2	1 Ea Max 4	2 ea Max 4
*Macaroni/Spaghetti	1# - 2#	2 Max	3 Max	4 Max
*Meats/Fish/Tuna/Beef Stew	29oz - 14.75oz - 12oz	2Max	2 Max	3 Max
Peanut Butter	18oz - 2#	1	2	2
Pudding	3.5 oz	8	10	12
*Rice/Potatoes	#300cn - #303 - 2#	2 Max	3 Max	3 Max
Roasted Nuts/Soup	12oz - 1# - #300cn	2	3	3
Shelf Stable Milk	Quart	2	4	6
*Spaghetti Sauce/Tomato Sauce	#300cn - #303cn	2 max	3 Max	4 Max
*Vegetables	#300cn - #303cn	2 EA Max 4	3 Ea Max 6	3 Ea Max 6
Walnuts/Trail Mix	1#	1	2	2

These foods have a maximum amount that can be issued. For example if you have three (3) different vegetables you can only issue a total of four (4) cans of vegetables for (1-3) and a total of six (6) cans of vegetables for the other household categories.

BI-MONTHLY

Commodity	Unit Size	Household Size 1-3	Household Size 4-6	Household Size 7 & Up
*Cereals	13oz/15oz/16oz/18oz	4 Max	6 Max	6 Max
Dried Beans	2#	2	2	4
Figs/Prunes/Raisins/Dates	1#	4	4	6
NFD Milk/Flour Mix	1#.4oz	2	2	2
Fresh Products	1 unit	24	36	36
Frozen Fruits	2#	2	2	4
Frozen Meats	1# to 3#	2	4	6
Frozen Juice or Fruit Cups	4.0 oz	22	22	44
*Fruits	#2cn - 300cn - 303cn	4 Ea Max 8	6 Ea Max 12	6 Ea Max 12
*Juices	46 oz	2 Ea Max 4	2 Ea Max 8	4 Ea Max 8
*Macaroni/Spaghetti	1# - 2#	4 Max	6 Max	8 Max
*Meats/Fish/Tuna/Beef Stew	29oz - 14.75oz - 12oz	4 Max	4 Max	6 Max
Peanut Butter	18oz - 2#	2	4	4
Pudding	3.5 oz	16	20	24
*Rice/Potatoes	#300cn - #303 - 2#	4 Max	6 Max	6 Max
Roasted Nuts/Soup	12oz - 1# - #300cn	4	6	6
Shelf Stable Milk	Quart	4	8	12
*Spaghetti Sauce/Tomato Sauce	#300cn - #303cn	4 Max	6 Max	8 Max
*Vegetables	#300cn - #303cn	4 Ea Max 8	6 Ea Max 12	6 Ea Max 12
Walnuts/Trail Mix	1#	2	2	4

For quarterly distribution, multiply by three (3).

These foods have a maximum amount that can be issued. For example if you have three (3) different vegetables you can only issue a total of four (4) cans of vegetables for (1-3) and a total of six (6) cans of vegetables for the other household categories.